



LTLC 26'

LIFE TEEN LEADERSHIP CONFERENCE

A 5 day long conference in Atchison, Kansas

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." – Ephesians 2:10



Meet The Team!!

Cathy Logan

Josh Jay

Keira Nathan

Karly Ella

Gianna Natalie



↑
This is Ed... he is our
mascott



"Faithful friends are a sturdy shelter: whoever finds one has found a treasure. Faithful friends are beyone price, no amount can balance their worth. Faithful friends are life-saving medicine; those who fear God will find them. Those who fear the Lord direct their friendship aright, for as they are, so oare their neighbors also" -Sirach 6:14-17

Day 1 - June 22

Early Morning Mass → On The Road → Checking In To Rooms



After checking in...

- Explore Campus
- General Session 1
- Dinner
- General Session 2
- Download Time

"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing." -John 15:5



← The Grotto



Don't worry Ed came with us.. everywhere

← The socccer feild
Where we played ALOT of
ultimate frisbee



← The Look out

The Lookout Staues →





With Every Breath

This week's theme, "**With Every Breath**," invited us to reflect on the presence of the Holy Spirit and how we can encounter Jesus in every aspect of our lives. Through prayer, worship, and community, we explored what it means to listen for God's voice and recognize His guidance in our daily experiences.

God gives each of us a choice: Will we invite Him into our lives, or will we keep Him at a distance? Opening our hearts to Him begins with having the right disposition—a willingness to listen, trust, and respond to His call. When we make space for God in our hearts, minds, and actions, the Holy Spirit can work through us in powerful ways, helping us grow closer to Christ and live out our faith with purpose and joy. We were reminded that God is always present, speaking to us through the people we meet, the moments we experience, and the quiet movements of our hearts. By choosing to seek Him each day, we allow His love and grace to shape who we are and guide us in becoming the people He created us to be.

Session 1 - Who has impacted your life the most?

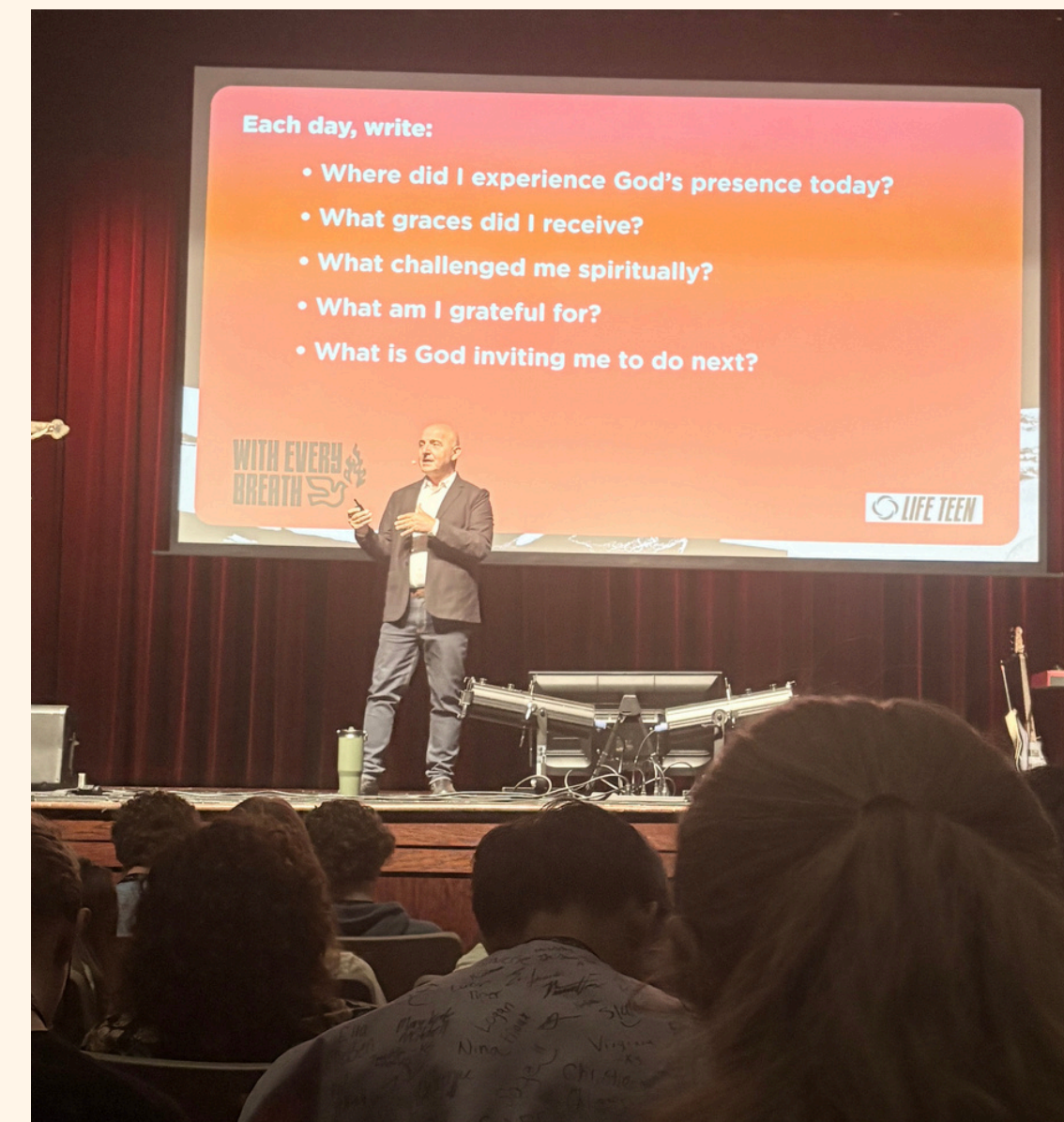


The people whom challenge you, are the people who care the most and have the most impact on your life. They almost always love you, believe in you, authentic to you and practice what they preach.

What makes people spiritual leaders?

- They know who you are
- They stay close to Jesus
- They go first
- They help others encounter Jesus

"Blessed is the servant who loves his brother as much when he is sick and useless as when he is well and can be of service to him" -St. Francis of Assisi



Each day, write:

- Where did I experience God's presence today?
- What graces did I receive?
- What challenged me spiritually?
- What am I grateful for?
- What is God inviting me to do next?

WITH EVERY BREATH

LIFE TEEN

World vs Jesus

World says: "Build up your platform"

Jesus says: "Pick up your cross"

No Saints never asked how can I become influential but how can God work through me today?

Am I enough for God?

1. God calls ordinary people
2. You're not here to perform
3. What if you give it your all?

The Church does not need more celebrities , the Church needs more witnesses.



Friendships!!

Within the first day, we had already met so many people from across the country. The friendships we formed quickly grew throughout the week as we spent time together, shared experiences, and strengthened our faith. Many of the people we met became close friends, and we are still staying in touch with them today.



Day 2 - June 23

Ruah → 5 Ways to Journal → Humility



Schedule...

- Breakfast
- Optional Bible Study
- Mass
- General Session 3
- Lunch
- Free Time
- Breakout Session
- Dinner
- General Sessions
- Download Time

"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing." -John 15:5

RUAH - Spirt, wind, breath

Breath-life giving force

- With every breath; as of as I breath, call upon the Holy Spirit, EVERY SINGLE BREATH
- Your goals have to be united with Christ
- Use Ruah (your voice) to speak with and for God

Own the prase → "with every breath" + "Come Holy Spirit"



5 Ways to Journal

1. The Saints method (everyday)

1a. Where did I experience Gods presence today?

1b. What Graces did I receive?

1c. What is God inviting me to do?

2. Ignasious (end of the day)

2a. Thank God for a blessing

2b. Review the day

2c. Look toward tomorrow with hope

3. Lectio Divina

4. Letter to Jesus

5. Silence

5a. Don't assume every thought is written is Jesus speaking



What makes a good leader?

A good leader is a humble leader

Our world has great order, and everything leads back to the Earths creations.

- Possesses Dignity because they know their worth
- They are patient as they serves others
- Dilligent and works hard
- Generous

"God entrusts the human being to the woman in a special way" – Mulieris Dignitatem Sec #30



Session 4 - Humility

Humility is the foundation of leadership
The greatest leaders make much of Christ,
NOT themselves

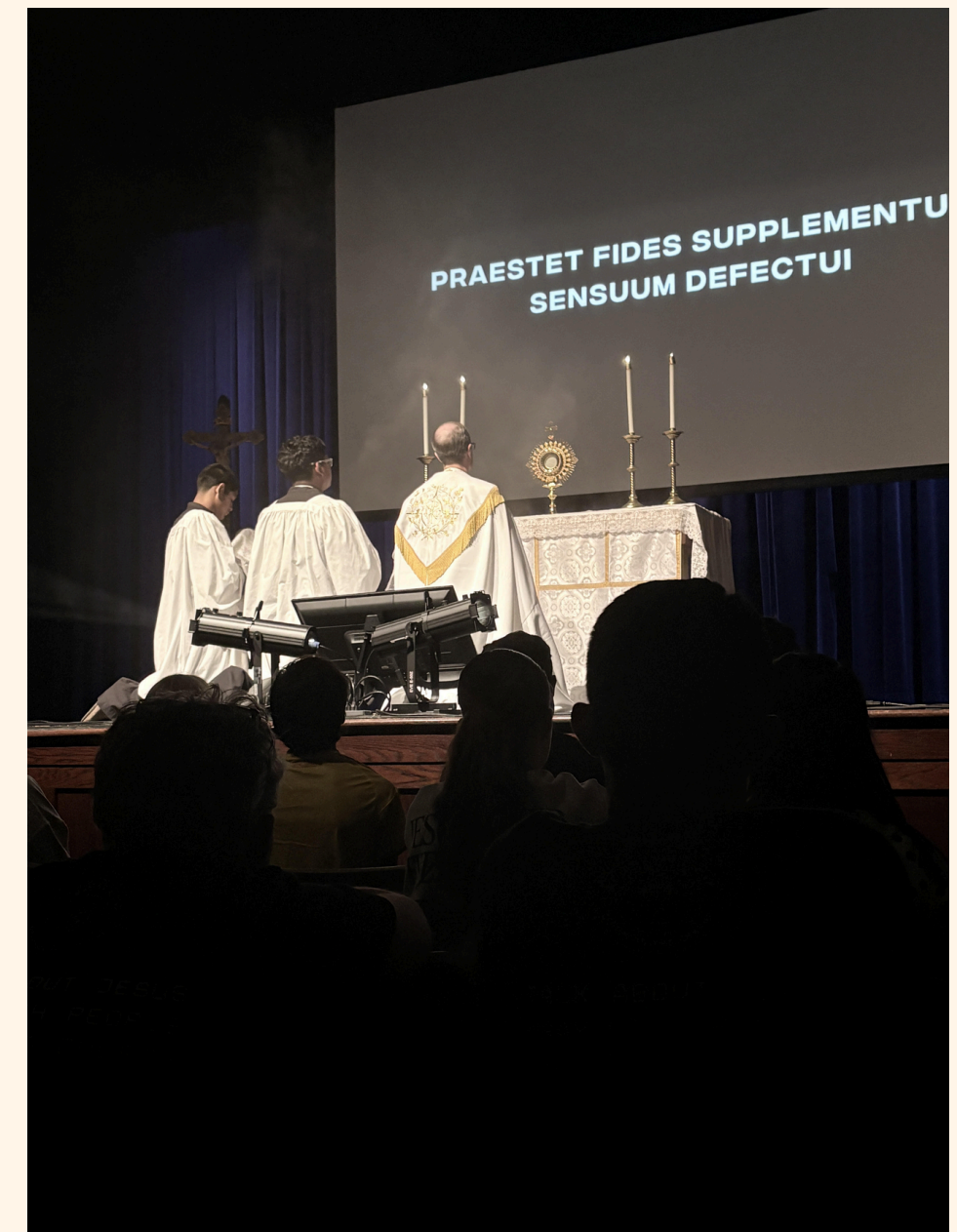
Humility is not...

- Thinking your not worthy
- God made you, God loves you
- God gifted you for Him to work through
for you not to be prideful

"Calls believers to live in deep humility by valuing others above themselves and adopting the selfless mindset of Christ" – Philippians 2:3–8



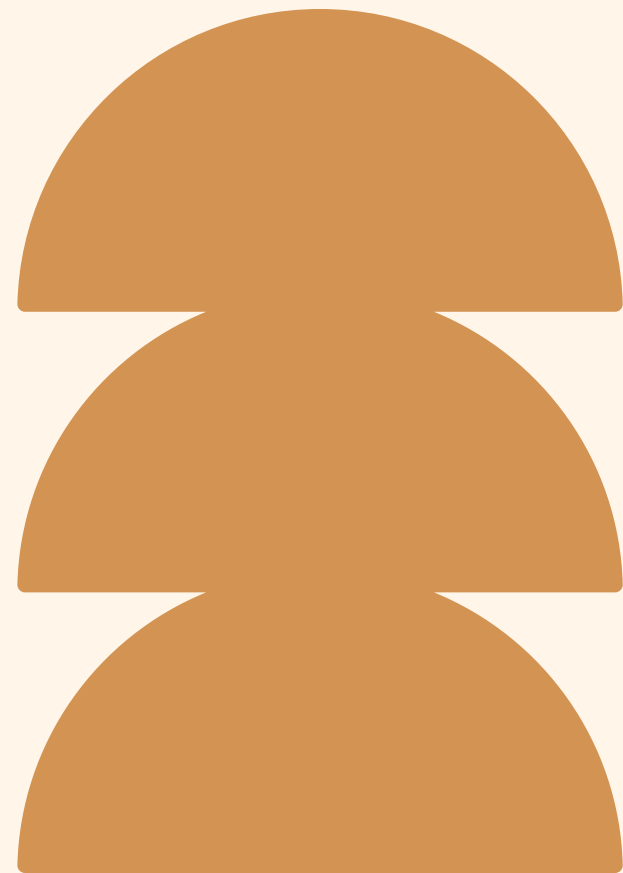
Rosary at The Grotto + Adoration



Day 3 - June 24

Schedule...

- Breakfast
- Bible Study
- General Session 6
- Lunch
- General Session 7
- Break
- Breakout Sessions
- Free Time
- Dinner
- General Session 8
- Mass
- Download Time



Session 6- Open your heart

The saints are living examples of spiritual maturity and divine intimacy.

Theirs times in your life when you don't know what to do. And thats okay but you need to knock down the walls to follow God. You can't say I'll only fallow you tillthis point but thats it" - Mark Heart

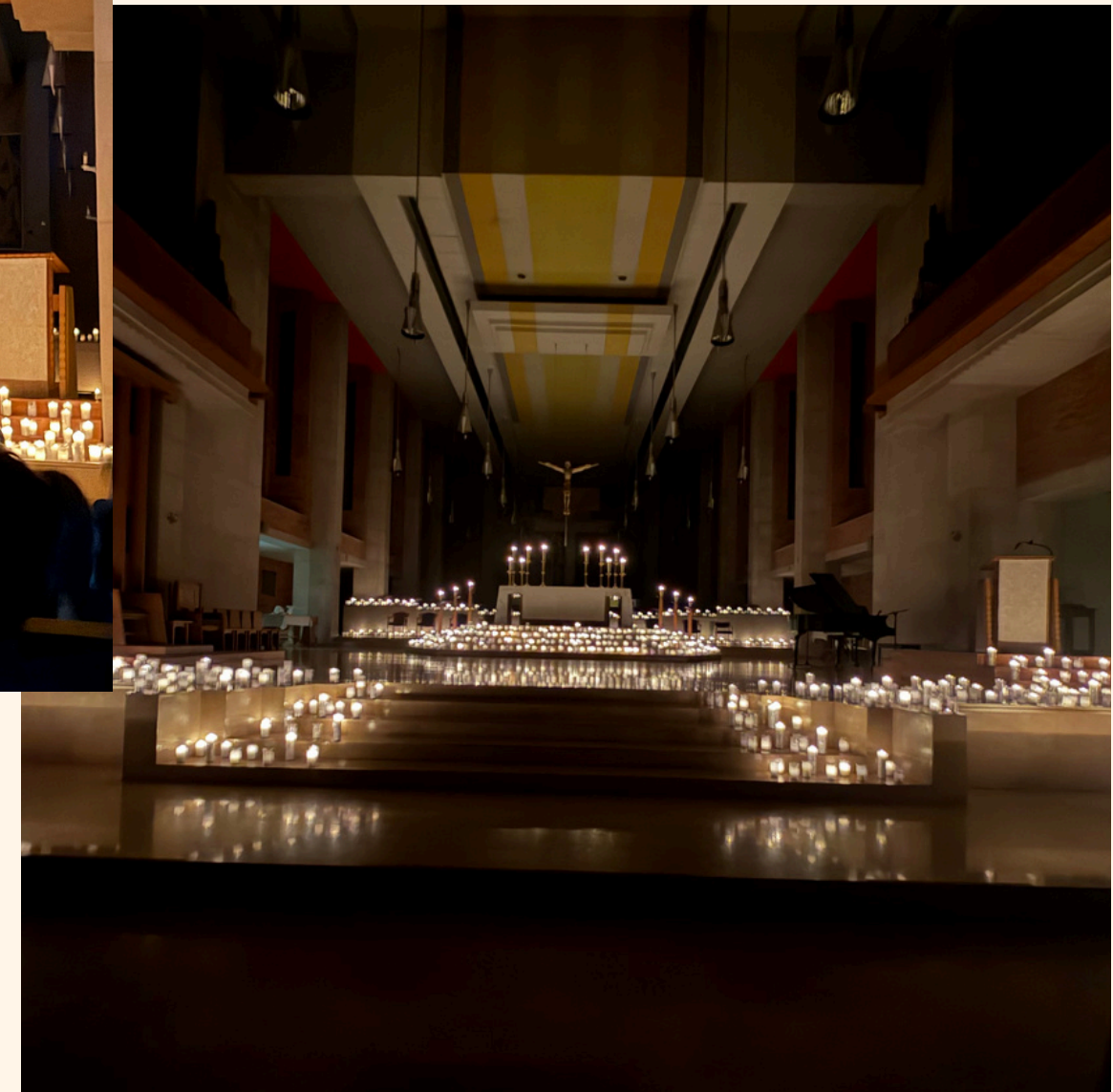
Prayer doesn't "help" your relationship with God, Prayer IS your relationship with God

Ask yourself...

- How far are you willing to go with your relationship with God?
- Have you been putting paameters on God?
- Are your telling God how to write your story?



Mass + Adoration (at the Abby)



"Whether you eat or drink, do all for the glory of God." – 1 Corinthians 10:31

Gelato + Free Time

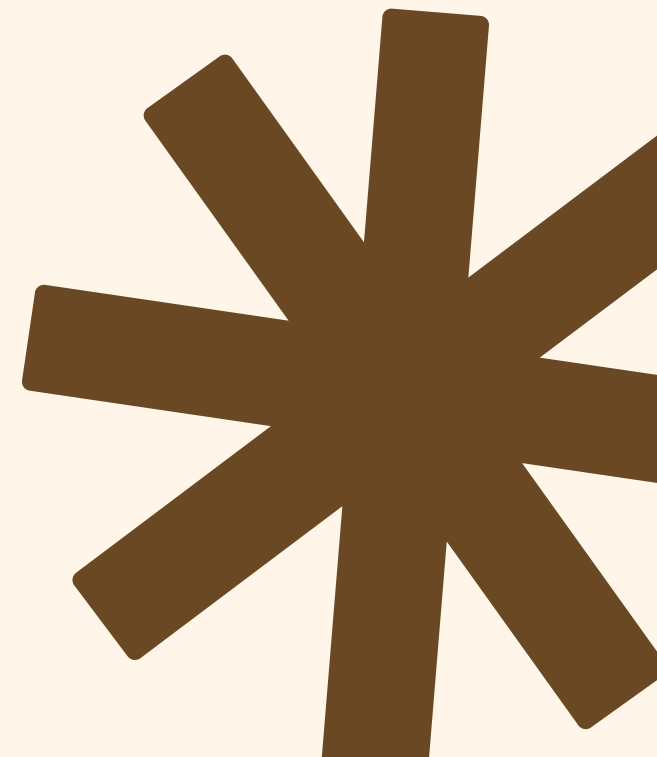
"My grace is sufficient for you." – 2 Corinthians 12:9
We went into town for gelato during
our free time and while we were
there there was a showcase of the
most accurate showcase of Jesus'
Garments



Breakout Sessions

How to...

- Talk to lukewarm Catholics
- How to Answer
- Discernment



Cerfew...

Just meant in your rooms by
11 PM....

Don't worry everyone, we still got at
least 5 hours of sleep every night





Day 4 - June 25

**Prayer → Saints → Want to
be a Leader → A Table for
You → Affability → Be
Dangerous**

- Breakfast
- Bible Study
- General Session 9
- Lunch
- Free Time
- Lab Options
- General Session 10
- Dinner
- General Session 11
- Download Time

Session 9 -Prayer

Jesus humbled Himself
down to a piece of bread
to be in our body, mind,
and soul

Prayer is a non-negotiable- Nothing should
compromise your time with God

How do we pray? We can feel unprepared,
it requires patience and care



Session 10 - Want to be a leader?

When you want to be a leader in the Church, you are on the devils radar.

- Peace is forgiveness, mercy is unlimited
- Forgive yourself to be able to forgive others

Remember...

Deuteronomy 31:8

→ The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."

→ God goes before you; God gets the hard hits and you get the leftovers

John 20:19-23

→ On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jewish leaders, Jesus came and stood among them and said, "Peace be with you!" After he said this, he showed them his hands and side. The disciples were overjoyed when they saw the Lord. Again Jesus said, "Peace be with you! As the Father has sent me, I am sending you." And with that he breathed on them and said, "Receive the Holy Spirit. If you forgive anyone's sins, their sins are forgiven; if you do not forgive them, they are not forgiven."

→ You can feel depressed but don't be DEpressed

→ Give mercy and ask for mercy

→ Strength and forgiveness

Matthew 11:28-30

→ Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

→ Don't pull the wagon by yourself, let God help you



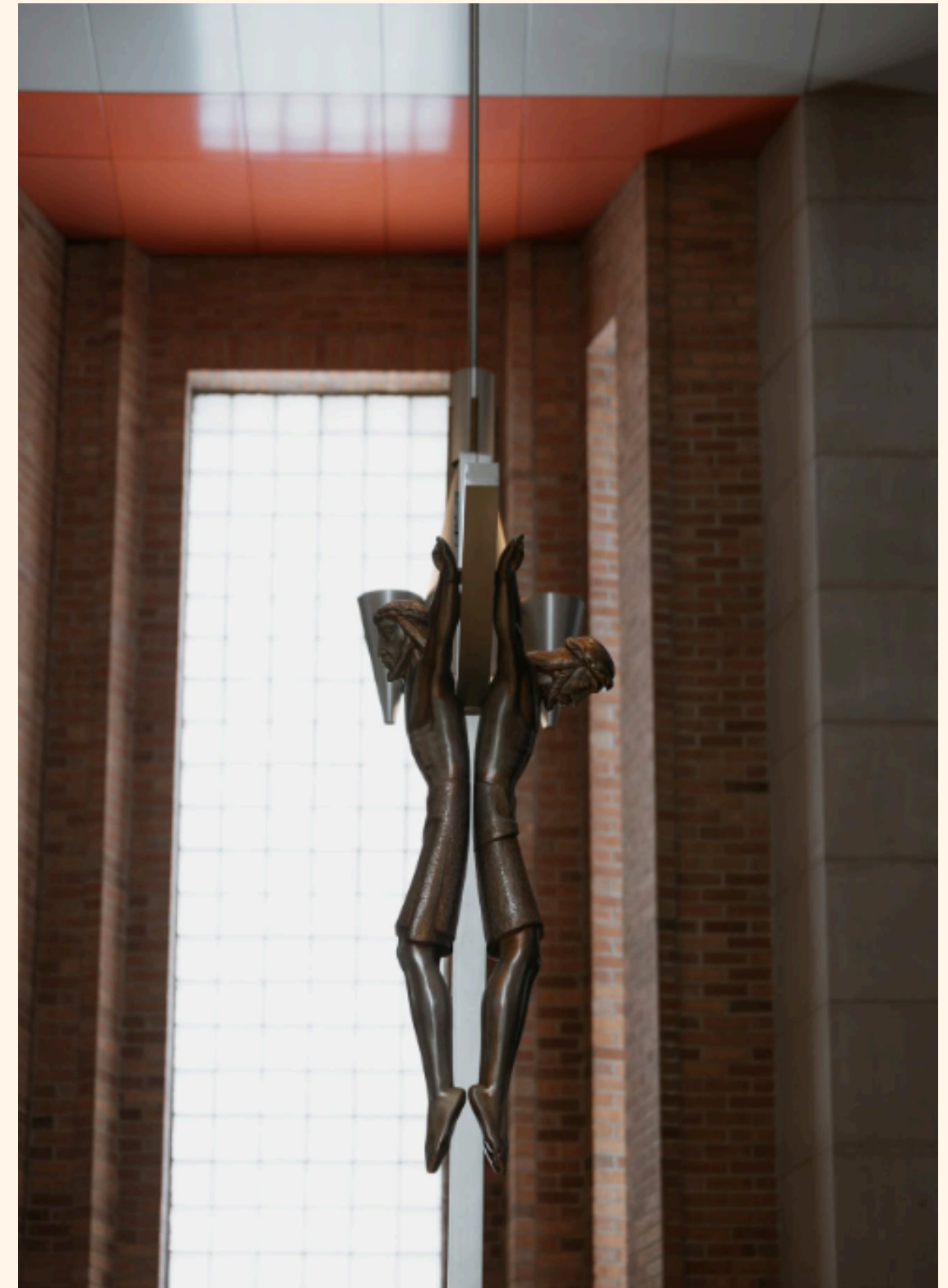
"Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, 'Teacher, don't you care if we drown?' He got up, rebuked the wind and said to the waves, 'Quiet! Be still!' Then the wind died down and it was completely calm. He said to his disciples, 'Why are you so afraid? Do you still have no faith?' They were terrified and asked each other, 'Who is this? Even the wind and the waves obey him!'" - Mark 4:38-41

Day 5 - June 26

Navy Seals

Schedule...

- *Breakfast*
- *Check-Out*
- *Bible Study*
- *Mass*
- *General Session 12*

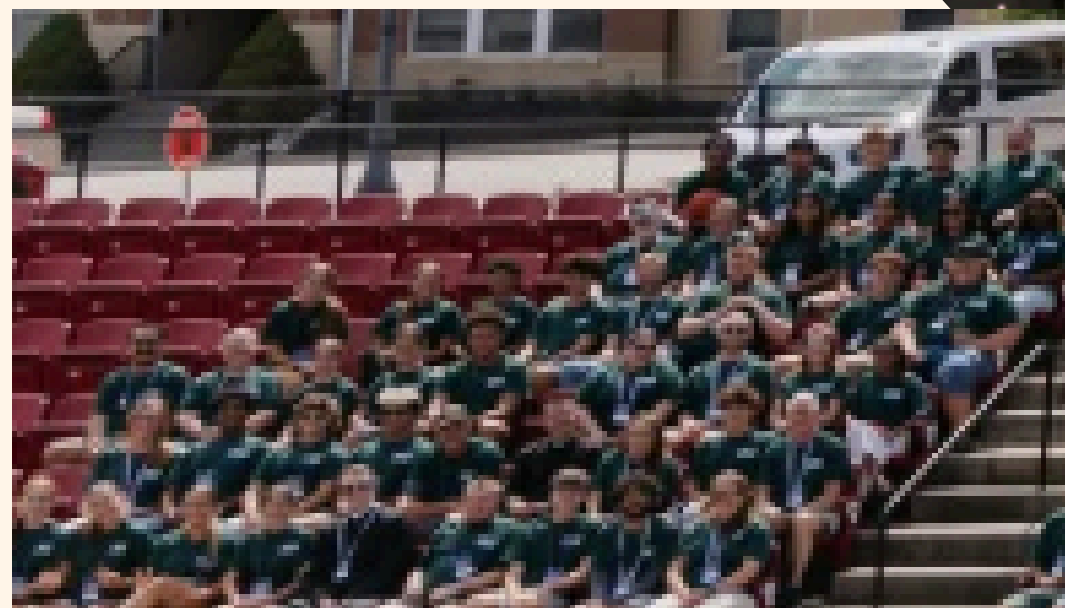


The Impact

True testimonies from our trip

TLTC definitely had an amazing impact on me through growing my relationships with new friends but also deepening my relationship with the Lord. I learned so much about becoming a leader in the Catholic Church and in my daily life, and I still feel so on fire in my faith. My favorite memories include during Adoration when the priest stopped at me with the Monstrance and sharing my graces with the people I went with → Karly

LTLC for me was an amazing experience. There were so many opportunities to get closer to God. It was truly an amazing journey that has both deepened my connections with God and with the group I was with. One of my favorite things about LTLC was seeing how so many people from so many different places came together to worship the Lord. → Logan



we are here



On the Road Again

Chick-fil-a

We stopped at Chick-fil-a on the way home, the video to the right is an inside joke that I will let you in on. At the beginning of the week, Josh was talking to Jay and called him an alpha. So the kids have a group chat that's called the "wold pack".

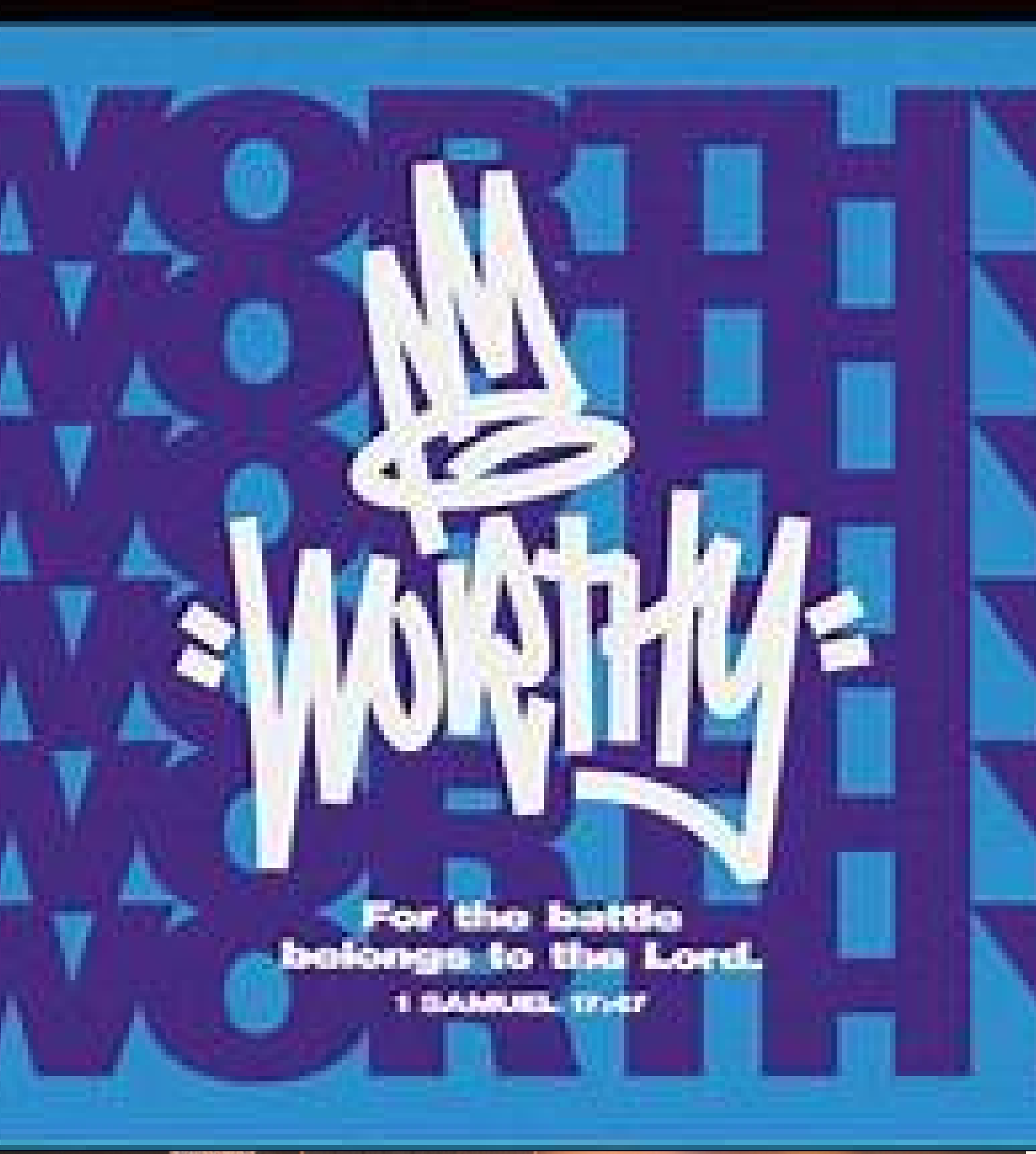


LTLC 2026



Steubenville STL

Steubenville STL Week One is a Catholic youth conference that brings together thousands of teens from across the country for a weekend centered on faith, community, and encountering Jesus Christ. The conference includes inspiring keynote speakers, powerful worship, the Sacraments, small group discussions, and opportunities for prayer and reflection. Throughout the weekend, teens are encouraged to grow closer to Christ while building lasting friendships with others who share their faith. Many participants arrive not knowing anyone outside their own youth group but leave with friendships that span the country. The atmosphere creates a welcoming environment where teens feel accepted, supported, and encouraged in their faith journey. The weekend challenges attendees to step outside their comfort zones and open their hearts to God's presence. Through Eucharistic Adoration, Reconciliation, and Mass, many experience a renewed relationship with Christ. The conference also equips teens with practical ways to live out their faith once they return home. Youth leaders and parents often notice increased confidence, joy, and involvement in parish life after the conference. The experience reminds participants that they are not alone in living their Catholic faith and that thousands of other young people are striving to do the same. The 2026 theme, "Worthy" invited teens to recognize the presence of the Holy Spirit in every moment of their lives and to respond to God's call each day. By the end of the weekend, many leave with a stronger sense of purpose, deeper trust in God, and a desire to continue growing in their faith. Steubenville STL Week One is more than just a conference—it is an experience that inspires teens to return home as joyful disciples who are ready to make a difference in their families, schools, parishes, and communities.



Day 1 - July 10

Worth and Value → Quo Vadis →
Confession

*The devil comes
and deceives
something good
and makes it an idol*



1st Morning Session

When you are with people who value and know your worth you will start to see your won worth and value.

What or who is your Galieth in your life?

↑
obstacle

- God wants and expects you to come to Him

messy

- God doesn't love you though your preformance

"But the Lord said to Samuel, "Do not consider his appearance or his height, for I have rejected him. The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart." Then Jesse called Abinadab and had him pass in front of Samuel. But Samuel said, "The Lord has not chosen this one either." Jesse then had Shammah pass by, but Samuel said, "Nor has the Lord chosen this one." Jesse had seven of his sons pass before Samuel, but Samuel said to him, "The Lord has not chosen these." 11 So he asked Jesse, "Are these all the sons you have?" "There is still the youngest," Jesse answered. "He is tending the sheep." Samuel said, "Send for him; we will not sit down until he arrives." So he sent for him and had him brought in. He was glowing with health and had a fine appearance and handsome features. Then the Lord said, "Rise and anoint him; this is the one." So Samuel took the horn of oil and anointed him in the presence of his brothers, and from that day on the Spirit of the Lord came powerfully upon David. Samuel then went to Ramah. – 1 Samuel 16:7-13





1st Afternoon Session

Worthy, Yet Broken

Thinking your not worthy starts with a drifting heart.

- “I don’t need to fight”
- “I deserve this”
- “I’m not the problem”

Genesis 3:5 - “For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.”
your eyes will be opened

→ This scripture talks about how sins start with the eyes: “I see”, “I want”, and “I need”

“Be transformed by the renewal of your mind.” – Romans 12:2

Cycle of Sin

We are in love with
the things that will
destroy us

During the storm (hard things God
put in your life) comes in your heart,
the debris (anger, frustrations,
lust) comes to the surface



We want...

We sin

We cover it up

We repeat

Adoration

It's not about you; it's about God!!

- He sees you in your mess and He doesn't wait to come to us
- God "purchased" us at a price (His death)
→ Our hearts and mind
- The only thing that messes with us to make the mess is us.

ou were bought at a price. Therefore honor God with your bodies. – 1 Corinthians 6:20





Who is Jesus?

Jesus is not a feeling, that "feeling" is a realization that He is with us

- You receive the Eucharist, you are receiving a person not a feeling...

Testmonies

Steubenville is the retreat where I felt the closest to Christ. My perspective on life has been changed and I always want to keep growing my relationship with Christ ever since! If I had the chance to do it all over again, I would. I really recommend it!! – Michelle

“It was a privilege to be able to attend Steubenville and be able to experience the amazing things that occurred on the MSU campus. OF all the amazing things I experienced during the conference Adoration was surely the highlight of the weekend, Jesus Christ, Himself was truly amongst as and it was amazing. As for the speakers they were all so well spoken and truly inspiring with their words. I truly felt that they had something to say that applied for almost every person in the room” – Orianne

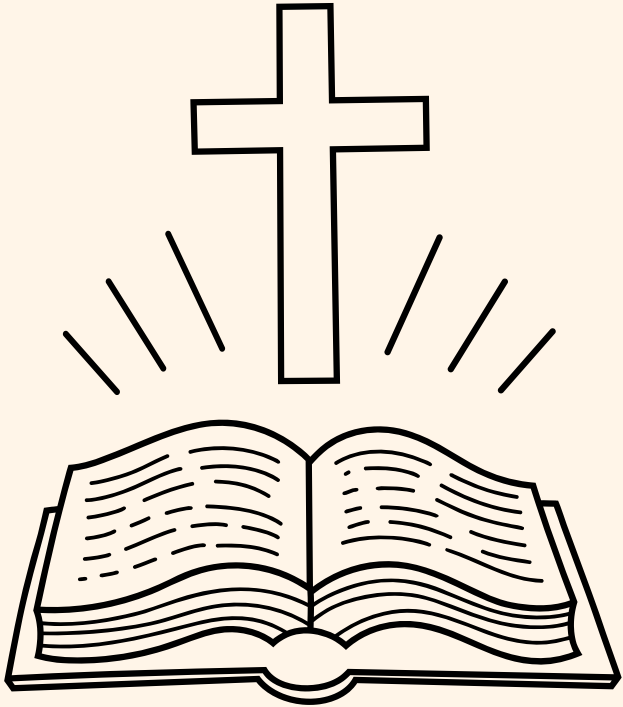
“Being able to attend this retreat changed my life in so many ways. My prayers were answered in such amazing and unspeakable ways. Adoration was so beautiful and such a special moment to me, and Jesus Christ was shown to me in the most beautiful way. I am so thankful that I was able to experience this, and I recommend this retreat to anyone who is able!” – Marvela

“This has been the BEST retreat I have ever been on!! My most remarkable moment was 100% adoration. I would recommend this retreat to everyone” – Grace



Steubenville 2026







BROTHERHOOD PRAYER HUDDLE

